

**FRANKLIN COUNTY  
COMMISSION AGENDA ITEM**

<b>TO:</b> BOARD OF FRANKLIN COUNTY COMMISSIONERS	<b>Reviewed:</b>
<b>FROM:</b> Elizabeth Maxwell	<b>Ext:</b> 242-7123
<b>DEPARTMENT:</b> East Central Kansas Area Agency on Aging	
<b>DATE:</b> Wednesday, January 27, 2010	<b>No:</b>

**ITEM:** Receive the annual report of the East Central Kansas Area Agency on Aging.

Background: The Franklin County Commission receives an annual report of the East Central Kansas Area Agency on Aging (ECKAAA). The last report was received on February 23, 2009.

Recommended Action: Receive the annual report of the East Central Kansas Area Agency on Aging.

Attachments: Annual Report

THE  
KANSAS  
AREA AGENCIES  
ON AGING  
ASSOCIATION



*Meeting the Needs of Older Kansans*

### **Kansas Area Agencies on Aging Association 2010 Public Policy Goals**

The Kansas Area Agencies on Aging Association (K4A) represents the 11 Area Agencies on Aging (AAA) in Kansas that collectively serve all 105 counties in the state.

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**To meet the needs of Kansas seniors K4A urges:**

#### **Budget:**

**Restoration of 10% Medicaid Payment Reduction to Medicaid Providers to include Targeted Case Management.**

**Restoration of \$1,891,094 Essential Base Funding for Area Agencies on Aging- This funding was provided to Area Agencies on Aging to be able to cover base costs of providing services.** Changes in federal policy by CMS and cuts in state dollars seriously affected the Area Agencies on Aging's (AAA) financial ability to access customers in their homes and provide services. The Area Agencies on Aging have no way to absorb these necessary costs.

- The essential base funding allows Area Agencies on Aging to access seniors within their home environment. Assessments in the home provide a complete picture of the services needed.
- The base funding enables Area Agencies on Aging to provide essential core services including: information and access services, community-based services, in-home services, nutrition, housing and elder rights.

**Restoration of \$1,258,588 in funding for the Senior Care Act Program in FY 2011 budget.**

Without community-based options available more Kansas seniors will have no service option except nursing home care.

- State funded Senior Care Act provides basic care such as homemaker and attendant care; often the key to allowing a person to stay in the community and to avoid entering the more expensive Medicaid system.
- **As of October 31<sup>st</sup>, 245 Kansas seniors were on a waiting list to receive Senior Care Act in-home services and are going without the services they may need to function successfully in their home.**
- **Senior Care Act spending on average is \$1,272 annually (SGF) per person while Medicaid nursing home spending average is \$33,289 annually per person (\$13,316 SGF).**

#### **Legislation:**

**Legislation to enact the geriatric mental health act; establishing a geriatric mental health education, outreach and service program administered by the Kansas Department on Aging.**

**Legislation to have Kansas enact minimum qualifications and training standards for all paid home health workers serving seniors.**

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AAAs provide assessments for community-based and facility-based services, information, care management and many other services for Kansas seniors. In Kansas, AAAs are the "single point of entry," coordinating the delivery of publicly-funded community-based services. The Area Agency on Aging system is federally, state and locally funded

and locally administered. Consequently, service delivery/decisions are made in the community, the level closest to the seniors needing services.

Kansas Area Agencies on Aging are part of a national network of 629 AAAs and 246 Title VI organizations. Area Agencies on Aging established under the Older Americans Act (OAA) in 1973 to respond to the needs of seniors and caregivers in every local community. The services available through the Area Agencies on Aging fall into broad categories: Information and Access services, Community Services (including nutrition), In-Home services, Housing and Elder Rights. The Area Agencies on Aging fulfill their federal mandate as "the Leader" on aging issues at the local level. K4A works to improve services and supports for all older Kansans, their families and caregivers.

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We would appreciate the opportunity to discuss these issues with you. Inquiries may be directed your local AAA Director or:

**Craig Kaberline, Executive Director**  
**Kansas Area Agencies on Aging Association**  
**(785) 267-1336**

**email: [k4aed@hotmail.com](mailto:k4aed@hotmail.com)**  
**website: [www.k4a.org](http://www.k4a.org)**

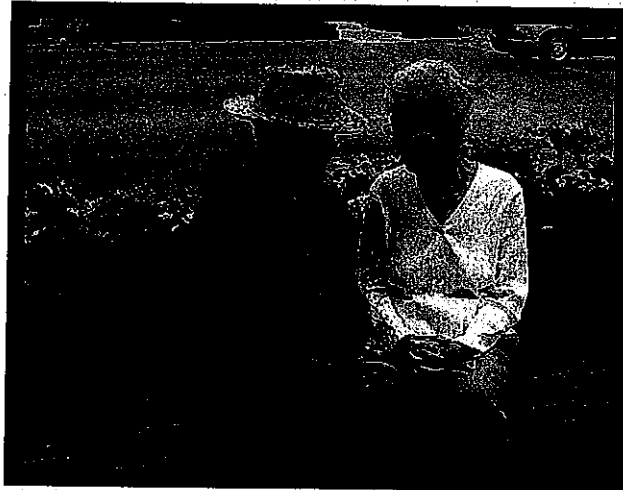
\*CMS reinterpreted their rules so that the Area Agencies on Aging would no longer receive payment for drive time to and from the frail elderly client's home.



**East Central Kansas  
Area Agency on Aging  
Resource Center**

*Serving Anderson - Coffey - Franklin - Linn - Miami - Osage*

**ANNUAL REPORT  
2009**



**Helping Persons Age 60 and  
Older Maintain**

**DIGNITY  
INDEPENDENCE  
HEALTH &  
SELF-SUFFICIENCY**

each month. Around 10 persons are in attendance. We have a great volunteer to help.

The Area Agency on Aging received a call from **Frances Marshall** of Pleasanton asking if we could help her organize a local Spelling Bee which would feed into the State Spelling Bee. We partnered with her and the 1<sup>st</sup> Annual Spelling Bee was held on August 29<sup>th</sup> in Mound City with eleven participants. Counties represented were Bourbon, Franklin, Linn, and Miami. Helen Belt from Lane was the winner and went on to participate in the State Spelling Bee held in Salina on October 16<sup>th</sup>. Helen had the distinction of being the oldest participant. Helen made it into the final 11. She didn't win, but plans to participate again next year.

The Area Agency on Aging partnered with **USD 290** of Ottawa and their high school and middle school students to record Life Story memories for twelve veterans from WW II, Vietnam, Afghanistan and Iraq. They developed a power point that was shown at the Ottawa downtown Veteran's Day activities and each veteran also received a copy.

## **HIGHLIGHT REAL PEOPLE**

A phone call was received from a **disabled gentleman** seeking information about food assistance for his **79 year old mother**. They live together in a rural community with only a post office and no form of transportation except the neighbor who helps them go to a grocery store and doctor visits in other towns. Our agency pre-screened the mother for food assistance and made an appointment to complete the application. In addition to applying for food assistance, our agency applied for the Medicare Savings Program and the Extra Help on her Part D Medicare Drug plan. She was eligible for all programs. She was paying \$26 per month for a drug plan and now pays ZERO with very low co-pays on her medicine. She was paying \$96.40 a month for her Medicare Part B plan and now she pays ZERO. In addition, she will receive \$140 per month for Food Assistance.

**The East Central Kansas Area Agency on Aging** serves as the single, highly accessible resource center to coordinate and provide programs and services for a population of more than 18,000 persons age 60 and older in the counties of Anderson, Coffey, Franklin, Linn, Miami, and Osage. The Area Agency on Aging receives funds from Federal, State, and County government as well as individuals donations, fee for service, private foundations and fundraising.

**PERSONS SERVED IN ANDERSON,  
COFFEY, FRANKLIN, LINN, MIAMI  
and OSAGE COUNTIES**

- 11,000 received services, assistance or specialized education
- 1,200 were assessed and received in-home services
- 815 received case management services
- 1,700 were helped with Medicare Part D and supplemental insurance
- 470 were assessed for possible nursing facility placement
- 1,050 participated in intergenerational programs
- 2,100 ate meals at a site or in the home

**HIGHLIGHT PARTNERSHIPS**

The Area Agency on Aging has expanded the **Coffey County Alzheimer's Support Group** to include all caregivers. They meet in Burlington on the 3<sup>rd</sup> Wednesday of

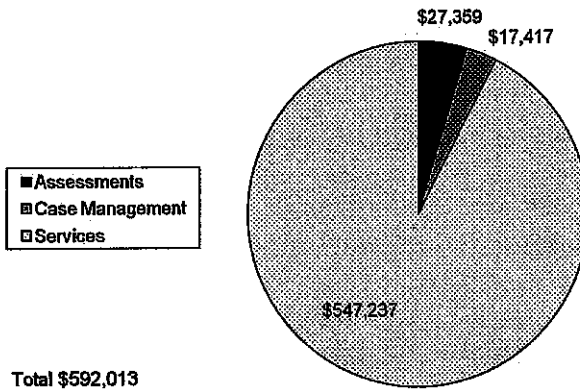
Her monthly savings is \$122 per month plus \$140 for food which totals over \$3000 annually. She and her son visited our office not too long ago to say how much better their lives have become with our help. Their financial struggles have decreased and they drove to Ottawa themselves with the used car they were able to purchase from a friend. Independence with dignity has been accomplished.

**Doug and his wife** are in their nineties and had been involved with several community charities and organizations for seniors and knew when he needed help to call the Area Agency on Aging. He and his wife agreed they were no longer able to do what was needed to be done to remain safely in their home, but they knew assistance was out there. When Doug was given six new medications to be taken with the ten he already had, he knew he needed help setting these up to take when prescribed. Hazel was able to help a little, but her health had deteriorated as she had become worn out. They were overwhelmed. They called the area agency on aging and a case manager was sent to assess their needs and develop a plan tailored to those needs. Doug is now receiving help setting up his medications, bathing assistance and some housekeeping. He and his wife remain safely in their own home.

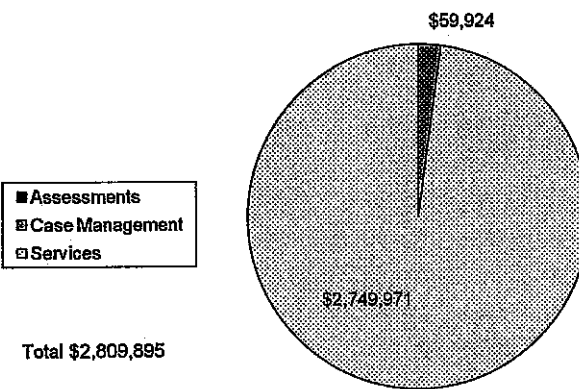
**Caregiver Luncheons** are offered in each county twice each year. One little lady who attended one of the luncheons captured all of our hearts. Beth and husband, Bud, moved to Kansas to be closer to their son. They purchased a farm to have a garden. About a year after the move, Bud started acting oddly and "lying about things that didn't matter." Other symptoms appeared. A neurologist was consulted. Bud was diagnosed with "Pick's Disease", a dementia that affects the frontal lobe of the brain. Bud takes lots of care. He needs assistance walking, is nonverbal and is fed through a feeding tube and requires very little sleep. Beth is homebound since Bud cannot be left alone. She hasn't lived here long enough to

develop friends. Her son works and lives in another county, but helps when he can. Services have been discussed, but the real blessing was to watch the faces of the other caregivers who listened to Beth's story and realized that maybe their boat had at least a few more rowers in it and for that they were thankful. A few of the ladies that attended gave Beth their telephone number. Beth is no longer alone...she has found a few friends.

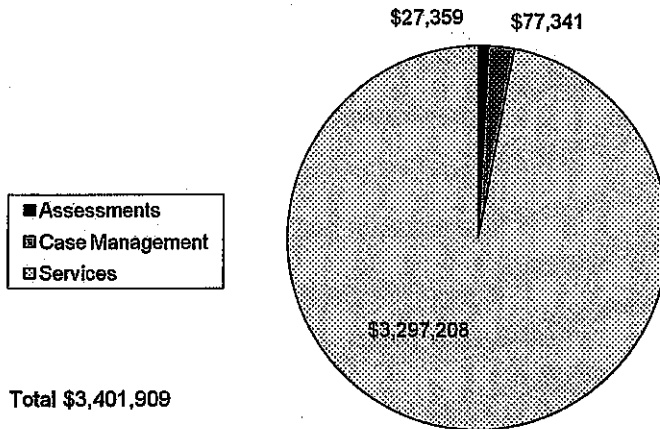
### Franklin Non-Medicaid Expenditures



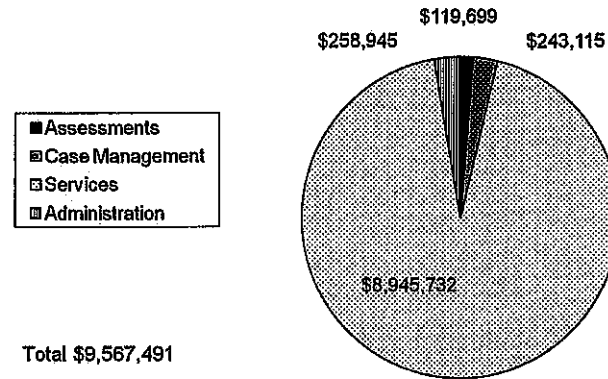
### Franklin Medicaid Expenditures



### Total Franklin Expenditures



### Total Agency Expenditures



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