

COVID Quarantine Guidelines

Update: January 2022



If You Test **POSITIVE** for COVID-19 **ISOLATE**

Everyone, regardless of vaccination status:

- Stay home for at least 5 days from symptom onset (day 0) or with no symptoms, from test day (day 0). Continue to stay home as long as symptoms persist (past 5 days).
- If you have no symptoms or your symptoms resolve and at least 24 hours have passed since fever was experienced and no medications were used, you can leave your home after a **MINIMUM** of 5 days of isolation.
- Following 5 days isolation, individuals must wear a well-fitting mask around others for 5 additional days (through day 10) and avoid situations in which a mask cannot be worn - such as restaurants, gyms and eating around others at home and work.

If You Have Been Exposed to COVID-19 **QUARANTINE**

Individuals who have tested positive for COVID-19 in the last 90 days (by a confirmed laboratory test) are exempt from quarantine as long as they remain asymptomatic. Individuals exempt from quarantine for this reason should still wear a mask in public indoor settings for 10 days following a known exposure.

If you:

Have received a Booster Dose

OR

Have completed the primary series of Pfizer or Moderna vaccines within the last 5 months

OR

Have completed the primary series of J&J vaccine within the last 2 months

You Should:

- **Wear a mask around others for 10 days**
- **Test on day 5 following exposure.**
- **If you develop symptoms at anytime, get tested and stay home.**

If you:

Have completed the primary series of Pfizer or Moderna vaccines more than 5 months ago and are not boosted

OR

Have completed the primary series of J&J vaccine more than 2 months and are not boosted

OR

Are unvaccinated

You Should:

- **Stay home for 5 days. After that, if no symptoms, wear a mask for 5 additional days.**
- **Test on day 5 following exposure.**
- **If you develop symptoms at anytime, get tested and stay home.**

Those who reside with a positive individual should call the Health Department for further clarification. If you have questions or concerns in regard to COVID-19 or Franklin County's Quarantine Guidance, please reach out the Health Department (785) 229-3530.